

## Contact Information

Primary Contact Name : \_\_\_\_\_

Address: \_\_\_\_\_  
Did y \_\_\_\_\_  
\_\_\_\_\_

Ph: \_\_\_\_\_ Email: \_\_\_\_\_

I would like to receive Jevaia's E-Newsletter.

### Release, Waiver Assumption of Risk & Indemnification

I know that participating in a road race/walk is a potentially hazardous activity and that I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in the Jevaia Race to the Rock on November 26, 2015, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act in my behalf, waive, release and hold harmless Jevaia International and all other sponsors of the race, their agents, any other persons assisting with the race and their successors from all claims or liabilities of any kind arising out of my participation in the race even though that liability may arise out of negligence or carelessness on the part of such persons or their agents. I grant unrestricted permission for the use of any photographs, videos, recordings or other record of my participation in this event.

### Name(s) of Participants:

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_  
5. \_\_\_\_\_ 6. \_\_\_\_\_  
7. \_\_\_\_\_

Initials \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

DATE: \_\_\_\_\_

## ABOUT JEVAIA

Jevaia International (formerly Eva Nepal) is a 501(c)3 non-profit organization, founded by Bethesda local Laura Spero. **Race to the Rock** has supported the work of Jevaia International for over a decade.

Our flagship program, Jevaia Oral Health Care, establishes **sustainable dental care** in rural villages. This include rural dental clinics, oral health education, school brushing programs, and vendor outreach. Currently JOHC covers an area of **50,000 people** in rural Nepal, with all services run by residents in their villages.

JOHC's rural dental care model is the only one of its kind in Nepal. In 2016, we began efforts to see it replicated **throughout Nepal's national health care system**, where 20 million people lack basic dental care.

Please join us to run, walk, jump, stroll, or just win great stuff in our raffle and auction on Thanksgiving morning.

CHECK OUT THE SEPT. 1, 2013 WASHINGTON POST MAGAZINE COVER STORY ON RACE TO THE ROCK AND JEVAIA'S DECADE OF WORK IN HEALTH CARE IN NEPAL  
[www.jevaia.org](http://www.jevaia.org)

**Jevaia International** (formerly Eva Nepal)  
7826 Overhill RD, Bethesda, MD 20814  
(301) 580-6689  
[laura@jevaia.org](mailto:laura@jevaia.org)



JEVAIA INTERNATIONAL

## 12th Annual Race to the Rock

Thanksgiving Day  
November 24, 2016  
8AM Registration 9AM Start  
*Please pre-register!*

Greenwich Forest Triangle  
Wilson & Hampden Lanes  
Bethesda



# FUN, EXERCISE & LEARNING FOR THE WHOLE FAMILY

Start Thanksgiving Day off with gratitude, generosity and a smile! Join your community in giving back through a Sec. 501©(3) non-profit organization changing the lives of families in Nepal.

**Adult Run:** 2.4 Miles

**Youth Run** (Ages 12 and Under): .6 Miles

With this Fun Run, **the emphasis is on FUN.** Costumes, accessories, and all modes of non-motorized transportation (bikes, skateboards, scooters) are welcome. Contribute art, writing and ideas to the Wall of Creativity. All are welcome, whether you are running, walking, rolling, crawling, or cheering for others.

## Contests:

Prizes will be awarded for **creative costumes** and for racing with an **item that would have been useful on the Mayflower**, and of course, to the fastest runners.

## Event Schedule:

8am – Registration and Opening of Silent Auction

8:30 – Check-in for pre-registered runners

9:00 – Race Kick Off

9:45-10:15 – Silent Auction, Refreshments & Award Ceremony

10:30 – Closing Ceremony & Raffle Drawing

- 🍏 Low hassle: roll out of bed and show up!
- 🍏 Show our kids that learning about the world is fun 😊
- 🍏 Everyone can specialize: athletes, shoppers, artists, kids, sunbathers
- 🍏 Crazy contests and one-of-a-kind prizes!

## Kids, We Need You!

A Race to the Rock tradition: Kids of all ages are invited to a pre-race Pizza Party in Greenwich Forest Sunday prior to the event to create signs honoring local businesses that are sponsoring this event. To help out, contact Laura at 301-580-6689 or [laura@jevaia.org](mailto:laura@jevaia.org).

## Out of Town?

Consider joining this community effort and supporting a great cause on Thanksgiving Day by making a tax-deductible online contribution at [www.jevaia.org](http://www.jevaia.org) or by mailing in the attached form.



## CONTRIBUTION FORM & EARLY REGISTRATION

Please Mail Checks Payable to Eva Nepal  
7826 Overhill Road Bethesda MD 20814  
OR register online at [www.jevaia.org](http://www.jevaia.org)

### 🍏 Individual Contribution & Registration

Adults: \_\_\_ x \$40: \_\_\_\_\_

Kids (12 & Under): \_\_\_ x \$25: \_\_\_\_\_

*\*Race day: \$45 adults / \$30 kids*

### 🍏 Family Entry

Small: 2 adults + up to 3 kids: \$85

Large: 2 adults + up to 5 kids: \$100

Our family's special amount: \$\_\_\_\_\_

*\*Race day: \$95 small / \$110 large*

### 🍏 School Program Sponsorship\*

Minimum Donation: \$200

Other Amount: \_\_\_\_\_

### 🍏 Monthly Contribution

Suggested Donation: \$20

Other Amount: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_/\_\_\_/\_\_\_

\*A \$200 gift funds a dental seminar for an entire school. Your school will thank you with program photos and a book of drawings by the students.